

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2019

## North Shore

		1 10:00 Visits 10:30 Exercises 11:00 Finishing Lines  1:00 Hangman 2:00 Bird Watching 3:00 Social	2 10:00 Coffee Concert Bistro 11:00 Communion & Worship Service-CR  1:15 Halloween Tea Party Social 2:00 Active Game	3 10:00 Visits 10:30 Sing-along 11:00 Remembering Fall  1:00 Bingo 3:00 Social	4 Small Groups Set up by RA Staff  2:30 Happy Hour with Vinnie Rose Community Room	5 10:00 Arthritis Exercises 10:15 Headlines  3:00 Sing-along
6 Small group activities Set up by RA staff	7 10:00 Noodle Ball 10:15 Exercises 11:00 October Trivia  1:00 Halloween Bingo 2:00 Social	8 10:00 Sit & Stretch 10:30 Baking Apple Crisp 11:00 Trivia  1:00 Ladder Golf 2:00 Yahtzee 3:00 Social	9 10:00 Visits 11:00 Communion & Worship Service-CR  1:00 Pumpkin Toss  <small>Yom Kippur</small>	10 10:00 Visits 10:30 Cardigan Beats 11:00 Humor of the day  1:00 Bingo 3:00 Social	11 10:00 Ball Toss 10:15 Exercises 10:30 Walks & Talks 11:00 Trivia  2:30 Happy Hour with Joann Bolles Community Room	12 10:00 Arthritis Exercises 10:15 Daily Chronicles  3:00 Name that Tune
13 Small group activities Set up by RA staff	14 10:00 Halloween Word Find 10:30 Chair Ballet  1:30 Robert /Bistro 2:30 Coffee Social <small>Columbus Day (US) Thanksgiving Day (Canada) Sukkot</small>	15 10:00 Exercises 10:30 Walks & Talks  1:00 Fall Movie Feature 3:00 Social	16 10:00 Visits 11:00 Communion & Worship Service-CR  1:00 Noodle Ball 1:30 Sing-along 2:30 You Know you're a Minnesotan if	17 10:00 Visits 10:30 Sing-along 11:00 Daily Trivia  1:00 Bingo 3:00 Social	18 10:00 Noodle Ball 10:15 Exercises 10:30 Walks & Talks 11:00 Daily Chronicles 2:30 Birthday Happy Hour w/ Ken Appledorn Community Room	19 10:00 Arthritis Exercises 10:00 What if ?  3:00 Melody Makers
20 Small group activities Set up by RA staff	21 10:00 Visits 10:30 Chair Exercises  1:30 Walks & Talks 2:00 Music w/John 3:00 Coffee Social	22 9:30 Memory Care Outing James J. Hill House 10:45 Guess Your Best  1:00 Trivia 2:00 Monster Races 3:00 Social <small>Simchat Torah</small>	23 10:00 Visits 11:00 Communion & Worship Service-CR  1:00 Under the bed Detective 2:00 Remember when	24 10:00 Visits 10:30 Cardigan Beats 11:00 Finishing Lines  1:00 Bingo 3:00 Social	25 10:00 Eyeball Hockey 10:15 Exercises 10:30 Walks & Talks 11:00 spooky true or False 2:30 Happy Hour w/Bandanna /CR	26 10-12 Children's Halloween Party Fitness Room  3:00 Sing-along
27 Small group activities Set up by RA staff	28 10:00 Easy Puzzles 10:30 Chair Stretching  1:00 Noodle Ball 2:30 Ladies Group Craft Room	29 9:30 Exercises 10:00 On this day In history  1:00 Remembering Halloween Songs 2:00 Cider & Snacks 3:00 Social	30 10:00 Visits 11:00 Communion & Worship Service-CR  1:00 Hand Massages 2:00 Chair Ballet 3:00 Social on the deck	31 10:00 Visits 10:30 Spooky Sing-along 11:00 Halloween Trivia  1:00 Halloween Bingo 3:00 Social <small>Halloween</small>	<b>Please Check Daily Calendar For any changes</b>	

Sunday

Monday

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Saturday

 <h1 style="text-align: center;">October 2019</h1> <h2 style="text-align: center;">South Shore</h2>		1	<p>10:00 Baking Group 10:30 Walks &amp; Talks</p> <p>1:00 Puzzling Puzzles 2:00 Deck Activities</p>	2	<p>10:00 Coffee Concert Bistro</p> <p>11:00 Communion &amp; Worship Service-CR</p> <p>12:45 Polish Folk Art 1:30 Movie 3:00 Social</p>	3	<p>10:00 Coffee &amp; News 10:15 Exercises 10:30 Walks 11:00 Trivia</p> <p>1:00 Ghost Match 3:30 Social</p>	4	<p>Small Groups Set up by RA staff</p> <p>2:30 Happy Hour w/Vinnie Rose Community Room</p>	5	<p>10:45 Walks &amp; Talks</p> <p>12:45 Picture This</p>
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6	<p>Small Group Activities Set up by RA staff</p>	7	<p>10:00 Sit &amp; Stretch 10:30 Baking Apple Crisp 11:00 Trivia</p> <p>12:30 Yahtzee 1:30 Table Talk</p>	8	<p>10:00 Chair Exercises 10:30 Hand Massages</p> <p>1:00 Halloween Crosswords 2:00 Remember When</p>	9	<p>10:00 Visits 11:00 Communion &amp; Worship Service-CR</p> <p>12:45 Walks &amp; Talks 1:30 Movie</p> <p style="text-align: center;"><small>Yom Kippur</small></p>	10	<p>10:00 Current Events 10:15 Walks &amp; Talks 10:30 Word Game</p> <p>1:00 Bingo 3:30 Social</p>	11	<p>10:00 Visits 10:30 Cardigan Beats 11:00 Humor of the day</p> <p>2:30 Happy Hour w/ Joanne Bolles Community Room</p>	12	<p>10:45 News &amp; Coffee</p> <p>12:45 Card Bingo</p>
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13	<p>Small Group Activities Set up by RA staff</p>	14	<p>10:00 Exercises 10:30 Walks &amp; Talks 11:00 Fall Art 1:30 Music w/Robert/Bistro 2:30 Coffee Social 3:00 Crosswords</p> <p style="text-align: center;"><small>Columbus Day (US) Thanksgiving Day (Canada) Sukkot</small></p>	15	<p>10:00 Arm chair travels 10:30 Kings in the Corner</p> <p>1:00 Hidden in Plain Sight puzzle 2:00 Pumpkin Craft</p>	16	<p>10:00 Visits 11:00 Communion &amp; Worship Service-CR</p> <p>12:45 Hymn Sing 1:30 Movie 3:00 Social</p>	17	<p>10:00 News update 10:15 Walks &amp; Talks 10:30 Word Games</p> <p>1:00 Bunco 3:30 Social</p>	18	<p>10:00 Visits 10:30 Sing-along 11:00 Coffee Social</p> <p>2:30 Birthday Happy Hour w/ Ken Appeldorn- CR</p>	19	<p>10:45 Guess Your Best</p> <p>12:45 Bingo</p>
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20	<p>Small Group Activities Set up by RA staff</p>	21	<p>10:00 Sit &amp; Stretch 10:30 Chair Travels</p> <p>1:30 Yahtzee 2:30 Music w/John Bistro 3:30 Social</p>	22	<p>9:30 Memory Care Outing to James J Hill House 10:45 Trivia</p> <p>1:30 Junk Drawer Detective 2:30 Remember When</p> <p style="text-align: center;"><small>Simchat Torah</small></p>	23	<p>10:00 Visits 11:00 Communion &amp; Worship Service-CR</p> <p>12:45 Wood Shop visit 1:30 Movie 3:30 Social</p>	24	<p>10:00 True or False 10:30 Time Slips 11:00 Walks &amp; Talks</p> <p>1:00 Bingo 3:30 Social</p>	25	<p>10:00 Visits 10:30 Cardigan Beats 11:00 Finishing Lines</p> <p>2:30 Happy Hour w/Bandanna Community Room</p>	26	<p>10:00-12:00 Children's Halloween Party Fitness Room</p>
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27	<p>Small Group Activities Set up by RA staff</p>	28	<p>10:00 Exercises 10:30 Baking w/Bree 11:00 Movie Trivia</p> <p>1:30 Visits 2:30 Ladies Group Art Room</p>	29	<p>10:00 Puzzle Corner 10:30 Walks &amp; Talks</p> <p>1:00 Ghostly Cookie Making 2:00 Coffee &amp; Cookies</p>	30	<p>10:00 Visits 11:00 Communion &amp; Worship Service-CR</p> <p>12:45 Fall Movie Feature 3:15 Social</p>	31	<p>10:00 Exercises w/Pumpkins 10:30 Pumpkin Craft</p> <p>2:00 Halloween Bingo 3:00 Social</p> <p style="text-align: center;"><small>Halloween</small></p>	<p><b>Please Check Daily Calendar For Any Changes</b></p>	
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