

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Dimensions Calendar North & South Shore Get Movin' and Groovin' into 2021!

		1 AM Sit and Stretch PM 2:00 Snack & Hydration Virtual Concert Ch. 990 One to Ones Happy Birthday Janice W! <small>New Year's Day</small>	2 AM 10AM Workout Video Ch. 990 Janet's Hot Cocoa Social PM 2:00 Snack & Hydration John's Movie Matinee 4PM Chair Travel Ch. 990 Happy Birthday DonneRae P!			
3 AM Sunday Devotional 9AM Church Service Ch. 990 10AM Workout Video Ch. 990 PM 2:00 Snack & Hydration Residential Daily Delights!	4 8am Hot Breakfast AM News Headlines Chair Boogie! PM 2:00 Snack & Hydration Doug's Chair Travels to NYC!	5 AM Joke of the Day Parachute Exercise PM 2:00 Snack and Hydration Helen's Sing-along with Bree!	6 AM 9AM Workout Video Ch. 990 Walking Group PM 2:00 Snack & Hydration Movie Matinee	7 8am Hot Breakfast AM Daily Trivia Chair Zumba with Ciara PM 2:00 Snack & Hydration Val's Bunco Game	8 AM Sit and Stretch PM 2:00 Snack & Hydration Elvis Virtual Concert Ch. 990 One to Ones Happy Birthday, Carol J!	9 AM 10AM Workout Video Ch. 990 Janice's Snowflake Craft PM 2:00 Snack & Hydration Dick's Movie Matinee 4PM Documentary Ch. 990
10 AM Sunday Devotional 9AM Church Service Ch. 990 10AM Workout Video Ch. 990 PM 2:00 Snack and Hydration SallyAnn's Manicures & Music	11 8am Hot Breakfast AM News Headlines Bob & Helen's Drumming PM 2:00 Snack & Hydration Bee's Winter Sugar Scrub!	12 AM Riddle of the Day Lois's Balloon Swat! PM 2:00 Snack and Hydration Dining Room Soccer	13 AM 9AM Workout Video Ch. 990 Betty's Walking Group PM Cocktail Cart & Johnny Cash Movie Matinee	14 8am Hot Breakfast AM Daily Trivia Chair Zumba with Ciara PM 2:00 Snack & Hydration Elaine's Bingo	15 AM Sit and Stretch PM 2:00 Snack & Hydration Virtual Concert Ch. 990 January Birthday Celebration!	16 AM 10AM Workout Video Ch. 990 Horse Races Dice Game! PM 2:00 Snack & Hydration Peg's Movie Matinee 4PM Chair Travel Ch. 990
17 AM Sunday Devotional 9AM Church Service Ch. 990 10AM Workout Video Ch. 990 PM 2:00 Snack & Hydration Residential Daily Delights!	18 8am Hot Breakfast AM News Headlines Chair Boogie! PM Martin Luther King Documentary & Sandy's Sundae Social! <small>Martin Luther King Day</small>	19 AM Joke of the Day Parachute Exercise PM 2:00 Snack and Hydration JoAnn's Sing-along with Bree!	20 AM 9AM Workout Video Ch. 990 Walking Group PM Cocktail Cart & Movie Matinee	21 8am Hot Breakfast AM 40's Flashback Trivia Chair Zumba with Ciara PM 2:00 Snack & Hydration Alice's Bunco Dice Game	22 AM Sit and Stretch PM 2:00 Snack & Hydration Virtual Concert Ch. 990 Ones to Ones	23 AM 10AM Workout Video Ch. 990 Carol's Manicures & Music PM 2:00 Snack & Hydration Casablanca Movie Matinee 4PM Documentary Ch. 990 Happy Birthday Al B!
24 AM Sunday Devotional 9AM Church Service Ch. 990 10AM Workout Video Ch. 990 PM 2:00 Snack & Hydration Residential Daily Delights! <small>Activity Professionals Week</small>	25 8am Hot Breakfast AM News Headlines Drumming PM 2:00 Snack & Hydration Hill & Rita's Smores'	26 AM Riddle of the Day Al's Balloon Swat! PM 2:00 Snack & Hydration Shar's Winter Activity Packet! <small>Australia Day (observed)</small>	27 AM 10:30 North Shore Worship 11:00 South Shore Worship PM Cocktail Cart & Movie Matinee Happy Birthday, JoAnn B!	28 8am Hot Breakfast AM Daily Trivia Chair Zumba with Ciara PM 2:00 Snack & Hydration Penny's Bingo	29 AM Sit and Stretch PM 2:00 Snack & Hydration Virtual Concert Ch. 990 One to Ones	30 AM 10AM Workout Video Ch. 990 Manicures & Music PM 2:00 Snack & Hydration DonnaRae Movie Matinee 4PM Documentary Ch. 990
31 AM Sunday Devotional 9AM Church Service Ch. 990 10AM Workout Video Ch. 990 PM 2:00 Snack & Hydration Residential Daily Delights!						

January 2021

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Calendar Subject to Change**