

Update

1/1/2021

HAPPY NEW YEAR!

Check out our Cardigan Ridge facebook page for more pics and updates!



Sign up for Video Chats

<https://www.signupgenius.com/go/904044CA8AC28A6FF2-windowoutdoor>

If you don't see a time that works for you on sign up genius, you can contact Bree at: bmayer3@fairview.org to set up an alternate time when staff is available to help with the call.

Dimensions

A dramatic difference in memory care.



Activities We Are Enjoying

- Drumming on Mondays
- Exercise challenge every day in January!
- Bingo
- Mobile Happy Hour on Wednesdays - NEW
- Bunco (Dice game)
- Winter Arts and Crafts
- Scavenger Hunts
- Chair Travels to Paris
- Wednesday Movie Matinees
- Sing-a-long's with Bree
- Name that Tune
- Christmas Photo Shoot
- Reading the daily newspapers
- Hot Chocolate Bar
- New Year's Resolution Wall
- Virtual Concerts every Friday

January Birthdays

Janice W. – 1st

Carol J. – 8th

Al B. – 23rd

JoAnn B. – 27th

New Residents- WELCOME!!

Contact Us

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www.cardiganridge.com

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Community Updates

- Next Virtual Care Partner Support Group Meeting: **Thursday, January 14th from 2:00-3:00pm.** We want to partner with you and your loved one and support one another along the journey. Join us for this 1 hour zoom meeting!
- **Our theme for January is “Get Movin’ and Groovin’ into 2021”, so we’re taking our cue from Janice W:**



"Ladies (and gentleman), get your little legs wiggling! Wiggle away!" – Janice W.

Let's keep in touch:

- Send a card or a note in the mail
- Send pics to my email: bmayer3@fairview.org - I'd be happy to print and pass along
- Send/email/text a video message that we can show to your loved one: cractivities@icloud.com
- For video calls - Please sign up at: <https://www.signupgenius.com/go/904044CA8AC28A6FF2-windowoutdoor>

Thank you to all our families who have been so supportive and respectful during this very difficult and challenging time. We know it's hard to be away from your loved ones, but our number one priority is keeping EVERYONE in our community healthy and safe. We are in this together and we'll get through this together.

-Bree, Amanda, and Ciara (Activities Team)

One day at a time! Please let Bree know if you have any activity questions or our Executive Director, Deanna for COVID questions.

