

Cardigan Ridge Senior Living Menu December 1, 2022, December 31, 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1-October				1-December	2- December	3- December
				Hot Breakfast Lunch Country Style Ribs, Au Gratin Potatoes & Vegetables Dinner Chicken Tenders, French Fries & Coleslaw Soup & Dessert of the day	Continental Breakfast Lunch Grilled Bratwurst, Sau sauerkraut, Pickle Relish, Potatoes Salad & Watermelon Dinner Creamy Chicken & Vegetables on Buttermilk Biscuit & Fresh Fruit Soup & Dessert of the Day	Continental Breakfast Lunch Chicken Breast with Cranberry glaze, Sweet Mashed Potatoes & Pease Dinner Homemade Chili, Corn Bread & Cup of Fresh Fruit Soup & Dessert of the Day
4-December		6-December	7- December	8- December	9- December	10-December
Continental Breakfast Lunch Homemade Goulash, Caesar Salad & Garlic Toast Dinner Chicken Wild Rice Soup, French Baguette & Cup of Fresh Fruit Soup & Dessert of the Day	Hot Breakfast Lunch Herb Lemon Tilapia, Creamy Risotto & Grilled Zucchini Dinner Grilled Cheese Sandwich, Potato Chips & Tomato Soup Soup & Dessert of the Day	Continental Breakfast Lunch Soft Shell Tacos, Lettuce, Tomato, Cheese, Sour Cream, Salsa & Spanish Rice Dinner Pancake with Strawberry Topping & Crispy Bacon Soup & Dessert of the Day	Continental Breakfast Lunch Beef & Vegetables Stir Fray, Jasmine Rice Dinner Stuffed Cheese Shells with Marinara Sauce, Mozzarella Cheese & Breadsticks Soup & Dessert of the day	Waffle Breakfast Lunch Fried Shrimp on Fettucine Alfredo Pasta & Broccoli Dinner Polish Sausage, Peppers & Onions Jambalaya & Corn Bread Soup & Dessert of the Day	Continental Breakfast Lunch Grilled Chicken Caesar Salad, Chef Choice Soup & Dinner Roll Dinner Open Face Roast Beef Sandwich, Fresh Fruit Cup Soup & Dessert of the Day	Continental Breakfast Lunch Ham & Cheese Potatoes Casserole, Mix Vegetables & Dinner Roll Dinner Turkey Cheese, Lettuce & Tomato Sliders, Chips and Fresh Fruit Soup & Dessert of the Day
11-December	12- December	13-December	14 - December	15 - December	16- December	17- December
Continental Breakfast Lunch Chicken Broccoli Casserole & Dinner Roll Dinner Grilled Chicken Sandwich, Pasta Salad & Slice of orange	Hot Breakfast Lunch Teriyaki Salmon, Jasmine Rice & Grilled Vegetables Dinner Pepperoni Pizza, Harvest Salad with Apples Walnuts & Cranberry, Dinner Roll Soup & Dessert of the Day	Continental Breakfast Lunch Turkey Meatloaf, Mashed Potatoes with Gravy & Buttered Corn Dinner Italian Sub Sandwich & Soup Soup & Dessert of the Day	Continental Breakfast Lunch Homemade Italian Sausage Lasagna, Garden Salad & Breadsticks Dinner Chicken Cranberry Walnut Salad, Breadsticks & Soup	Continental Breakfast Lunch Cheese Potato Bacon Soup, Dinner Roll & Cup of Fresh Fruit Dinner Festive Salad, Short Ribs, Mashed Potatoes & Honey Glazed Carrots Soup & Dessert of the Day	Continental Breakfast Lunch BBQ Chicken Thighs, Baked Potatoes wit Sour Cream & Cheese, Mix Vegetables Dinner Tuna Pasta Salad, Hawaiian Bun & Chef Choice Soup Soup & Dessert of the Day	Continental Breakfast Lunch Tater Tot Hot Dish & Hawaiian Bun Dinner French Onion Soup, French Baguette Bread & Cup of Fresh Fruit Soup & Dessert of the Day
18- December	19- December	20- December	21 -December	22- December	23 - December	24 - December
Continental Breakfast Lunch Swedish Meatball's on Gnocchi & Sauteed Vegetables Dinner Grilled Bratwurst on a Bun, Potato Salad & Melon Slice Soup & Dessert of the Day	Hot Breakfast Lunch Autumn Apple Chicken on Mashed Potatoes & Dinner Roll Dinner Beef Au Juice & French Fries Soup & Dessert of the Day	Continental Breakfast Lunch: Pecan Crusted Tilapia, Rice Pilaf & California Medley Vegetables Dinner Macaroni & Cheese, Breadsticks & Fresh Grapes Soup & Dessert of the Day	Continental Breakfast Lunch: Roast Beef, Boiled Potatoes, Carrots & Hawaiian Bun Dinner Garden Salad, Garlic Toast & Cup of White Chili Soup & Dessert of the Day	Hot Breakfast Lunch: Homemade Chicken Wild Rice Soup, Fresh Baked Rye Bread & Cup of Fresh Fruit Dinner Spaghetti Pie & Dinner Roll Soup & Dessert of the Day	Continental Breakfast Lunch Beef Stroganoff on Egg Noodles & Vegetables Dinner Corn Dogs & Onion Rings, Watermelon Slice Soup & Dessert of the Day	Continental Breakfast Lunch: Chicken Noodle Soup, Dinner Roll, Cup of Fruit Dinner Homemade Lasagna, Garden Salad & Breadsticks, Chocolate Cake Soup & Dessert of the Day
25 - December	26 -December	27- December	28 - December	29 - December	30- December	
Continental Breakfast Lunch Honey Glazed Roasted Chicken Breast, Mashed Potatoes & Asparagus, Raspberry White Chocolate Cake Dinner Ham & Cheese Sandwich, Fresh Fruit, Chips & Cookie Soup & Dessert of the Day	Hot Breakfast Lunch Grilled Pork Chops with Mushroom Sauce, Roasted Potatoes & Vegetables Dinner Smoked Turkey Pasta Salad, Hawaiian Bun & Fresh Fruit Soup & Dessert of the Day	Continental Breakfast Lunch Reuben Sandwich & French Fries Dinner Homemade Soup, Corn Muffin & Fresh Fruit Soup & Dessert of The Day	Continental Breakfast Lunch Roasted Turkey, Mashed Potatoes with Gravy & Green Bean Casserole, Cranberry Relish Dinner Taco Salad with Lettuce, Tomato, Sour Cream & Salsa, Corn Bread Soup & Dessert of the Day	Hot Breakfast Lunch Fall Strawberry Pecan Salad, Garlic Toast & Chef Choice Soup Dinner Chicken Quesadilla & Spanish Rice Soup & Dessert of the Day	Continental Breakfast Lunch Salisbury Steak on Mashed Potatoes & Mix Vegetables Dinner Ham & Cheese Quiche, Triangle Potato & Fresh Cup of Fruit Soup & Dessert of the Day	Continental Breakfast Lunch Country Style Ribs, Mashed Potatoes with Brown Gravy & Corn, Lemon Cake Dinner Turkey, Salami Cheese Sandwich, Chips & Fruit Soup & Dessert of the Day