

mSunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am Channel 990 - Workout Video  May Day	9:30am Coffee Talks NS 10:00am Walking Group NS 10:45am Walking Group SS 1:30pm Monday Music - James Christenson - Bistro	9:00am Channel 990 - Workout Video 9:30am Newspaper Reading NS 10:00am Balloon Swat NS 10:30am Balloon Swat SS 3:30pm 1-on-1's SS	9:30am Chair Volleyball NS & SS Combined 1:00pm Movie Matinee NS 1:15pm Movie Matinee SS	9:00am Channel 990 - Workout Video 10:00am Worship Service w/Pastor Amy - Community Room 2:30pm 1-1 Visits NS 3:30pm 1-on-1's SS  Cinco de Mayo	9:30am Frisbee Toss SS 10:30am Frisbee Toss NS 11:00am Catholic Rosary* - Community Room	9:00am Channel 990 - Workout Video
9:00am Channel 990 - Workout Video  Mother's Day	9:30am Coffee Talks NS 10:00am Walking Group NS 10:45am Walking Group SS 1:30pm Monday Music Jim Kirkendall - Bistro	9:00am Channel 990 - Workout Video 9:30am Newspaper Reading NS 10:00am Balloon Swat NS 10:30am Balloon Swat SS	9:00am Nails with Sheila NS 10:00am Nails with Sheila SS 1:00pm Movie Matinee NS 1:15pm Movie Matinee SS	9:00am Channel 990 - Workout Video 10:00am Worship Service w/Pastor Amy - Community Room 2:30pm 1-1 Visits NS 3:30pm 1-on-1's SS	9:30am Horse Racing NS 10:30am Horse Racing SS 11:00am Catholic Rosary CR* 2:00pm Happy Hour w/Joanne Bolles - Community Room	9:00am Channel 990 - Workout Video
9:00am Channel 990 - Workout Video	9:30am Coffee Talks NS 10:00am Walking Group NS 10:45am Walking Group SS 1:30pm Monday Music Bill Mann - Bistro 7:00pm - SPECIAL CONCERT The Treble Tones Choir - Dining Room	9:00am Channel 990 - Workout Video 9:30am Newspaper Reading NS 10:00am Balloon Swat NS 10:30am Balloon Swat SS 2:00pm Art Class SS	9:30am Chair Volleyball NS & SS Combined 1:00pm Movie Matinee NS 1:15pm Movie Matinee SS	9:00am Channel 990 - Workout Video 10:00am Worship Service w/Pastor Amy - Community Room 2:30pm 1-1 Visits NS 3:30pm 1-on-1's SS	9:30am Frisbee Toss SS 10:30am Frisbee Toss NS 11:00am Catholic Rosary CR* 2:00pm Happy Hour w/Nate Hance - Community Room	9:00am Channel 990 - Workout Video  Armed Forces Day
9:00am Channel 990 - Workout Video	9:30am Coffee Talks NS 10:00am Walking Group NS 10:45am Walking Group SS 1:30pm Monday Music - Randy Roloff - Bistro  Victoria Day (Canada)	9:00am Channel 990 - Workout Video 9:30am Newspaper Reading NS 10:00am Dog Therapy with Amber NS 10:30am Dog Therapy with Amber SS	10:00am Nails with Sheila SS 1:00pm Movie Matinee NS 1:15pm Movie Matinee SS	9:00am Channel 990 - Workout Video 10:00am Worship Service w/Pastor Amy - Community Room 1:00pm Tenant Townhall - Community Room 2:00pm BINGO w/Sheila NS 2:45pm BINGO w/Sheila SS	9:30am Horse Racing NS 10:30am Horse Racing SS 11:00am Catholic Rosary CR* 2:00pm Happy Hour w/Squeezy Wes Miller - Community Room	9:00am Channel 990 - Workout Video
9:00am Channel 990 - Workout Video	9:30am Coffee Talks NS 10:00am Walking Group NS 10:45am Walking Group SS 1:30pm Memorial Day Program - Robert Boziach  Memorial Day	9:00am Channel 990 - Workout Video 9:30am Newspaper Reading NS 10:00am Balloon Swat NS 10:30am Balloon Swat SS	<div> <div>NS/SS Activities</div> <div>May 2022</div> <div>Cardigan Ridge Senior Living</div> </div>			