

Cardigan Ridge Senior Living Menu December 2024

| Sunday 1 | Monday 2 | Tuesday 3 | Wednesday 4 | Thursday 5 | Friday 6 | Saturday 7 |
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| <p>Continental Breakfast Lunch</p> <p>Popcorn Chicken Bowl, Mashed Potatoes, Gravy & Corn Dinner</p> <p>Caramel Cake</p> <p>Egg Salad Sandwich on Wheat, Multigrain Chips Fruit Salad & Lemon Pudding</p> | <p>Hot Breakfast Lunch</p> <p>Coconut Shrimp, Fried Rice & Cheese Wontons Chef Choice Dessert</p> <p>Dinner</p> <p>Broccoli & Cheese Soup, French Baguette & Fruit</p> <p>Salad & Rice Crispy Bars</p> | <p>Continental Breakfast Lunch</p> <p>Crispy Chicken Wraps, Tator Tots & Fresh Fruit Cherry Bars</p> <p>Dinner</p> <p>Cheese Ravioli with Marinara Sauce Topped with Mozzarella & Garlic Toast</p> <p>Salad & Fruit Jello</p> | <p>Continental Breakfast Lunch</p> <p>Baked Tilapia, Oven Roasted Potatoes & Vegetables Lemon Bars</p> <p>Dinner</p> <p>Chicken Salad on Croissant, Fresh Fruit & Chips</p> <p>Salad & Pineapple Cake</p> | <p>Hot Breakfast Lunch</p> <p>Spaghetti & Meatballs, Side of Salad & Breadsticks Chocolate Cake</p> <p>Dinner</p> <p>Fish Fillet Sandwich with Cheese & French Fries</p> <p>Salad & Ice Cream</p> | <p>Continental Breakfast Lunch</p> <p>Orange Chicken on Jasmine Rice & Broccoli Jello Cake</p> <p>Dinner</p> <p>Grilled Cheese Sandwich, Tomato Soup & Cup of Fruit</p> <p>Salad & Cookie</p> | <p>Continental Breakfast Lunch</p> <p>Meatloaf Mashed Potatoes Gravy & Green Beans Blondie Bar</p> <p>Dinner</p> <p>Macaroni & Cheese with Crispy Bacon & Dinner Roll</p> <p>Salad & Cheesecake</p> |
| <p>Continental Breakfast 8 Lunch</p> <p>Sweet & Sour Meatballs on Jasmine Rice, Egg Roll Brownies</p> <p>Dinner</p> <p>Chicken Rice & Vegetables Soup, Italian Roll & Fresh fruit</p> <p>Salad & Vanila Mousse</p> | <p>Hot Breakfast 9 Lunch</p> <p>BBQ Roasted Chicken, Potatoes Gravy & Veggie Ice Cream</p> <p>Dinner</p> <p>Pepperoni Pizza & Side of Caesar Salad</p> <p>Salad & Assorted Desserts</p> | <p>Continental Breakfast 10 Lunch</p> <p>Soft Shell Tacos with Lettuce, Tomato, Cheese, Sour Cream & Refried Beans Strawberry Cake</p> <p>Dinner</p> <p>Beef & Cheese Sandwich, French Onion & orange Slice</p> <p>Salad & Chocolate Mousse</p> | <p>Continental Breakfast 11 Lunch</p> <p>Turkey Swiss Lettuce & Tomato Sandwich & Soup Christmas Party Dinner</p> <p>Dinner</p> <p>Filet Mignon, Shrimp, Sour Cream Chives Potatoes Gravy & Honey Glazed Carrots</p> <p>Festive Salad & Desserts</p> | <p>Hot Breakfast 12 Lunch</p> <p>Waldorf Chicken Salad, French Baguette & Soup Assorted Desserts</p> <p>Dinner</p> <p>Ham & Potato Casserole Dinner Roll</p> <p>Salad & Tapioca</p> | <p>Continental Breakfast 13 Lunch</p> <p>Braised Beef with Celery & Carrots on Mashed Potatoes Tres Leches Cake</p> <p>Dinner</p> <p>Homemade Chicken Chili, Honet Butter Corn Bread</p> <p>Salad & Banana Cake</p> | <p>Continental Breakfast 14 Lunch</p> <p>Roast Pork Loin with Apples, Stuffing with Gravy & Hawaiian Bun Coconut Pie</p> <p>Dinner</p> <p>Turkey Provolone Lettuce & Tomato Sandwich, Chips & Fruit Salad & Fruit Jello</p> |
| <p>Continental Breakfast 15 Lunch</p> <p>Grilled Bratwurst on a Bun, Sauerkraut, Pickle & Beans Chocolate Sprinkle Cake</p> <p>Dinner</p> <p>Chicken Wings, Celery & Carrots with Ranch Dip,</p> <p>Salad & Vanila Pudding</p> | <p>Continental Breakfast 16 Lunch</p> <p>Spaghetti with Bolognese Sauce, Garden Salad & Toast Ice Cream</p> <p>Dinner</p> <p>Cheese Broccoli Soup, French Baguette & Fruit Salad</p> <p>Salad & Baked Cookie</p> | <p>Continental Breakfast 17 Lunch</p> <p>Fried Chicken Sandwich, French Fries & Cup of Fruit Pistachio Cake</p> <p>Dinner</p> <p>Beef Chow Main & Dinner Roll</p> <p>Salad & Banana Mousse</p> | <p>Waffle Breakfast 18 Lunch</p> <p>Beef Stroganoff on Mashed Potatoes & Vegetables Fruit of the Forest Pie</p> <p>Dinner</p> <p>Creamy Potato Bacon Soup, Dinner Roll & Fresh Fruit Cup</p> <p>Salad & Lemon Bars</p> | <p>Waffle Breakfast 19 Lunch</p> <p>Autumn Apple Chicken on Potatoes & Dinner Roll Caramel Cake</p> <p>Dinner</p> <p>Turkey Swiss, Lettuce, Tomato Sandwich & Chicken Noodle Soup</p> <p>Salad & Assorted Desserts</p> | <p>Continental Breakfast 20 Lunch</p> <p>BBQ Country Style Ribs, Gretas Potato Salad & Roll Cher</p> <p>Dinner</p> <p>French Toast with Berries, Bananas & Crispy Bacon</p> <p>Salad & Orange Cake</p> | <p>Continental Breakfast 21 Lunch</p> <p>Tator Tot Hot Dish & Hawaiian Bun Strawberry Short Cake</p> <p>Dinner</p> <p>Baked Potatoes Topped with Bacon, Cheese, Sour Cream, Salsa & Watermelon Slice Salad & Chocolate Pudding</p> |
| <p>Continental Breakfast 22 Lunch</p> <p>Chicken Fajita, Rice Pilaf & Tortilla Chips Apple Pie</p> <p>Dinner</p> <p>BBQ Pork Sandwich, Pickle Chips & Melon Slice</p> <p>Salad & Cookie</p> | <p>Hot Breakfast 23 Lunch</p> <p>Chicken Strawberry Pecan Salad, Italian Roll & Wild Rice Soup</p> <p>Dinner</p> <p>Lemon Bars</p> <p>Fried Cod, French Fries & Creamy Coleslaw</p> <p>Salad & Pumpkin Pie</p> | <p>Continental Breakfast 24 Lunch</p> <p>Grilled Pineapple Shrimp on Fried Rice & Cheese Wontons</p> <p>Dinner</p> <p>Cheesecake</p> <p>Baked Rigatoni Pasta & Side Caesar Salad</p> <p>Salad & Assorted Dessert</p> | <p>Continental Breakfast 25 Lunch</p> <p>Teriyaki Flank Steak, Mashed Potatoes, Gravy & Veggie White Chocolate Raspberry Cake</p> <p>Dinner</p> <p>Ham Mozzarella Lettuce & Tomato Sandwich, Fresh Fruit</p> <p>Salad & Cheesecake</p> | <p>Hot Breakfast 26 Lunch</p> <p>Grilled Pork Chops with Mushroom Gravy, Stuffing & Italian Vegetables Ice Cream with Churros</p> <p>Dinner</p> <p>Tuna Pasta Salad, Fresh Baked Bread & Watermelon</p> <p>Salad & Eclairs</p> | <p>Continental Breakfast 27 Lunch</p> <p>Roasted Chicken, Au Gratin Potatoes & Vegetables Carrot Cake</p> <p>Dinner</p> <p>Sub Sandwich, Multigrain Chips & Fresh Fruit</p> <p>Salad & Fruit Jello</p> | <p>Continental Breakfast 28 Lunch</p> <p>Macaroni & Cheese Topped with Crispy Bacon & Dinner Roll Lemon Muse</p> <p>Dinner</p> <p>Chicken Ala King on Puff Pastry & Cup of Fresh Fruit</p> <p>Salad & Cookie</p> |
| <p>Continental Breakfast 29 Lunch</p> <p>Baked Tilapia, Risotto & Vegetables Brownies</p> <p>Dinner</p> <p>Chicken Stir Fry on Teriyaki Noodles</p> <p>Salad & Ice Cream</p> | <p>Hot Breakfast 30 Lunch</p> <p>Strawberry Pecan Salad, Italian Roll & Beer Cheese Soup Blueberry Pie</p> <p>Dinner</p> <p>Beef Stew on Buttermilk Biscuit & Fresh Fruit</p> <p>Salad & Banana Cake</p> | <p>Continental Breakfast 31 Lunch</p> <p>California Burger & French Fries Strawberry Cheesecake</p> <p>Dinner</p> <p>Chicken Dumpling Soup, Dinner Roll & Fresh Fruit</p> <p>Salad & Vanila Mousse</p> | | | | |