

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Happy New Year!
3:00 Ch. 990 "Mozart
Piano Concerto..."

New Year's Day

<p>10:00 Ch. 990 Workout Video 2</p> <p>2:00 Ch. 990 "Winter Night Jazz Music"</p>	<p>9:00 Ch. 990 Workout Video 3</p> <p>Brain Teasers available to residents*</p> <p>3:00 Ch. 990 "Aimi Kobayashi (Concert Pianist)" Formal Activities Resume Tuesday</p>	<p>9:00 Ch. 990 Yoga 4</p> <p>10:15 Coffee Talks SS 10:45 Shakin'-it-Up Exercise SS</p> <p>2:00 Prize Bingo CR 3:00 Decoration Clean-up NSS</p>	<p>9:00 Ch. 990 Workout Video 5</p> <p>9:30 Stretches NSS 10:00 Worship CR</p> <p>1:00 Movie Matinee NS 1:15 Movie Matinee SS 2:00 Decoration Clean-up NSS</p>	<p>9:00 Ch. 990 Zumba 6</p> <p>9:30 Frisbee Toss SS 10:00 Music w/ Mark SS</p> <p>2:30 1-1 Visits NSS 3:00 Fish Corn Hole SS</p>	<p>10: 15 Bingo NS 7</p> <p>10:45 Sit & Stretch SS</p> <p>11:00 Catholic Rosary CR* 1-1 Visits NSS 2:00 Happy Hour w/ Bandanahhh! CR</p>	<p>9:00 Ch. 990 Workout Video 8</p> <p>Flex Time Brain Teasers* 3:00 Ch. 990 "My Sister's Keeper"</p>
<p>10:00 Ch. 990 Workout Video 9</p> <p>2:00 Ch. 990 "The Magical Science of Storytelling"</p>	<p>9:00 Ch. 990 Workout Video 10</p> <p>9:30 Newspaper Reading NS 10:15 Sit & Stretch SS</p> <p>1:00 Pampering NS 3:00 Puzzles NS</p>	<p>9:00 Ch. 990 Yoga 11</p> <p>10:15 Coffee Talks & Walking Group NS 10:45 Shakin'-it-Up Exercise SS</p> <p>1:00 Wii Games SS 3:00 1-1 Visits NSS</p>	<p>9:00 Ch. 990 Workout Video 12</p> <p>9:30 Stretches NSS 10:00 Worship CR</p> <p>1:00 Movie Matinee NS 1:15 Movie Matinee SS 1:30 Cards NSS</p>	<p>9:00 Ch. 990 Zumba 13</p> <p>9:30 Eyeglass Hanger Craft SS</p> <p>1:30 Jenga SS</p>	<p>10: 15 Bingo NS 14</p> <p>10:45 Sit & Stretch SS</p> <p>11:00 Catholic Rosary CR* 1-1 Visits NSS 2:00 Happy Hour w/ Gary LaRue CR</p>	<p>9:00 Ch. 990 Workout Video 15</p> <p>Flex Time Adult Coloring 3:00 Ch. 990 "The Best Exotic Marigold Hotel"</p>
<p>10:00 Ch. 990 Workout Video 16</p> <p>2:00 Ch. 990 "Bonsai The Living World of Art"</p>	<p>9:00 Ch. 990 Workout Video 17</p> <p>9:30 Daily Chronicles NS 10:15 Sit & Stretch SS</p> <p>1:00 Poetry Reading NS 3:00 Balloon swat NS</p> <p>Martin Luther King Jr. Day</p>	<p>9:00 Ch. 990 Yoga 18</p> <p>10:15 Coffee Talks SS 10:45 Shakin'-it-Up Exercise SS</p> <p>2:00 Watercolor Painting SS 3:00 Soccer CR</p>	<p>9:00 Ch. 990 Workout Video 19</p> <p>9:30 Stretches NSS 10:00 Worship CR</p> <p>1:00 Movie Matinee NS 1:15 Movie Matinee SS 1:30 Music w/ Mark NS</p>	<p>9:00 Ch. 990 Zumba 20</p> <p>9:30 Frisbee Toss SS 10:00 Ladies' Group: Pictionary SS 10:00 Men's Club NS</p> <p>2:30 1-1 Visits NSS 3:00 Jenga SS 3:00 Hospice Info. Presentation CR 6:00 Hospice Info. Repeat CR</p>	<p>10: 15 Bingo NS 21</p> <p>10:45 Sit & Stretch SS</p> <p>11:00 Catholic Rosary CR* 1-1 Visits NSS 2:00 Jan. Birthdays Happy Hour w/ Mary Franz CR</p>	<p>9:00 Ch. 990 Workout Video 22</p> <p>Flex Time Brain Teasers* 3:00 Ch. 990 "William & Kate"</p>
<p>10:00 Ch. 990 Workout Video 23</p> <p>2:00 Ch. 990 "TEDTalk: Own Your Behaviors, Master Your Communication..."</p> <p>Activity Professionals Week</p>	<p>9:00 Ch. 990 Workout Video 24</p> <p>9:30 Newspaper Reading NS 10:15 Sit & Stretch SS</p> <p>1:00 Dog Therapy NS 1:30 Dog Therapy SS</p>	<p>9:00 Ch. 990 Yoga 25</p> <p>10:15 Coffee Talks & Walking Group NS 10:45 Shakin'-it-Up Exercise SS</p> <p>1:00 Wii Games SS 2:00 Chip Bingo CR</p>	<p>9:00 Ch. 990 Workout Video 26</p> <p>9:30 Stretches NSS 10:00 Worship CR</p> <p>1:00 Movie Matinee NS 1:15 Movie Matinee SS</p> <p>Australia Day (observed)</p>	<p>9:00 Ch. 990 Zumba 27</p> <p>9:30 Hang Man SS 10:00 Soccer SS</p> <p>2:30 1-1 Visits NSS 3:00 Jenga SS</p>	<p>10: 15 Bingo NS 28</p> <p>10:45 Sit & Stretch SS</p> <p>11:00 Catholic Rosary CR* 1-1 Visits NSS 2:00 Happy Hour w/ Squeezy Wes Miller CR</p>	<p>9:00 Ch. 990 Workout Video 29</p> <p>Flex Time Parachute Toss 3:00 Ch. 990 "Return to Me"</p>
<p>10:00 Ch. 990 Workout Video 30</p> <p>2:00 Ch. 990 "Rachmaninoff (Orchestra Concert)..."</p>	<p>9:00 Ch. 990 Workout Video 31</p> <p>9:30 Daily Chronicles NS 10:15 Sit & Stretch SS</p> <p>1:00 Cards NS 3:00 Balloon Swat NS</p>	<p>Legend: NS- North Shore SS- South Shore NSS- North and South Shore*</p> <p>*Please know that these abbreviations represent WHERE the activity is located</p>				